

## **Instructions for your GASTROSCOPY**

### **Day Before the Procedure:**

**STOP** eating all solid food and drinking liquids by Midnight (00:00) until after the procedure is finished.

### **Day of the Procedure:**

**NOTHING TO EAT OR DRINK until after the procedure is finished.**

Patients with morning medications may take them with a SMALL SIP of water.

Diabetics can take half (1/2) of their regular insulin on the day of the appointment.

### **After the Procedure:**

If your throat was sprayed with topical anaesthetic, you will not be able to eat or drink for two (2) hours following the procedure.

**Please Note: You must have a driver for the day of the Procedure in order to receive sedation.**

## Medication Instructions

Read the instructions below carefully if you are taking any of the listed medications:

Medications for blood pressure, cholesterol and thyroid	Should be taken the morning of the procedure with sips of water
Aspirin (325), Bufferin, Novasen	Discontinue the medication seven (7) full days prior to the procedure. You may restart the next day if no biopsy was done. <b>You do not need to stop your Baby Aspirin 81mg.</b>
Plavix (Clopidogrel)	Discontinue the medication seven (7) full days prior to the procedure. You may restart the next day if no biopsy was done.
Coumadin, Warfarin	Discontinue the medication five (5) full days prior to the procedure.
Xarelto (Rivaroxaban), Eliquis (Apixiban), Pradaxa (Dabigatran),	Discontinue the medication two (2) full days prior to the procedure.
Diabetic Medications: Metformin, Actos, Avandia, Januvia, Janumet, Avadamel, Actoplus, Met, Onglyza, Trajenta, Nesina	Take your usual dose on the day before the procedure.
Diabetic Medications: Glyburide, Diabeta, Glyclazide, Glipizide, Amaryl, Prandin, Starlix, Glucovance, Metaglip, Ductac, Avandaryl Victoza, Byetta Ilumalog, Novolog, Apidra or regular insulin Premixed insulin: 75/25, Novolin 70/30, Novolog Mix 70/30	<b>Do not</b> take the day of the procedure
Diabetic Medications: Lantus, NPH insulin	Take $\frac{1}{2}$ your usual dose the morning of the procedure.
Aleve, Motrin, Advil, Ibuprofen (Anti-inflammatory)	Discontinue one (1) day prior to the procedure. Celebrex and Vioxx need not be discontinued.
Iron Supplements	Discontinue five (5) days prior to the procedure.