

## **Post Operative Instructions**

Ibuprofen and/or Tylenol for analgesia. Ice wound and keep elevated as necessary.

You may engage in regular daily activities. Avoid direct impact to the wound as this will be painful, as well as possibly resulting in bleeding and wound dehiscence.

Dressing should remain on for 48 hours.

If you must bathe before 48 hours, ensure that the dressing is covered with a plastic wrapping to prevent water entering the wound.

After 48 hours, the dressing can be removed. The underlying steri-strips on the wound can remain on for up to a week. If they have not come off seven days after the procedure, you should remove them. Steri-strips should be carefully peeled off in the direction of the wound.

After 48 hours you may shower with the wound uncovered. Soap and water can run over the wound but you should avoid vigorous scrubbing. Blot the wound dry and cover with a clean dressing or gauze. If the steri-strips have been removed, apply Vaseline or Polysporin to the wound before covering.

Facial and scalp lesions can be left open to the air if their location makes applying a new dressing challenging. Apply Vaseline or Polysporin to the incision daily.

Watch for signs of infection:

Fevers/Chills

Redness spreading away from the incision

Swelling

Increasing pain

Increasing drainage

Seek medical assessment should you have concerns with your wound.

Follow-up as recommended for wound check and removal of sutures.

Contact my office with any questions or concerns you may have.