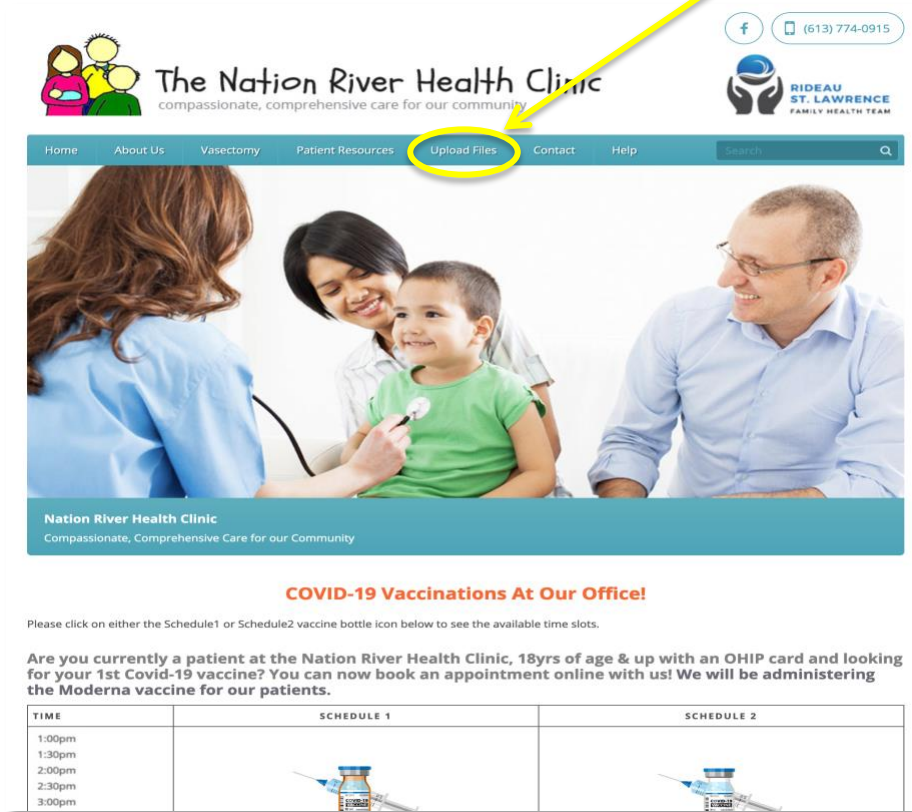
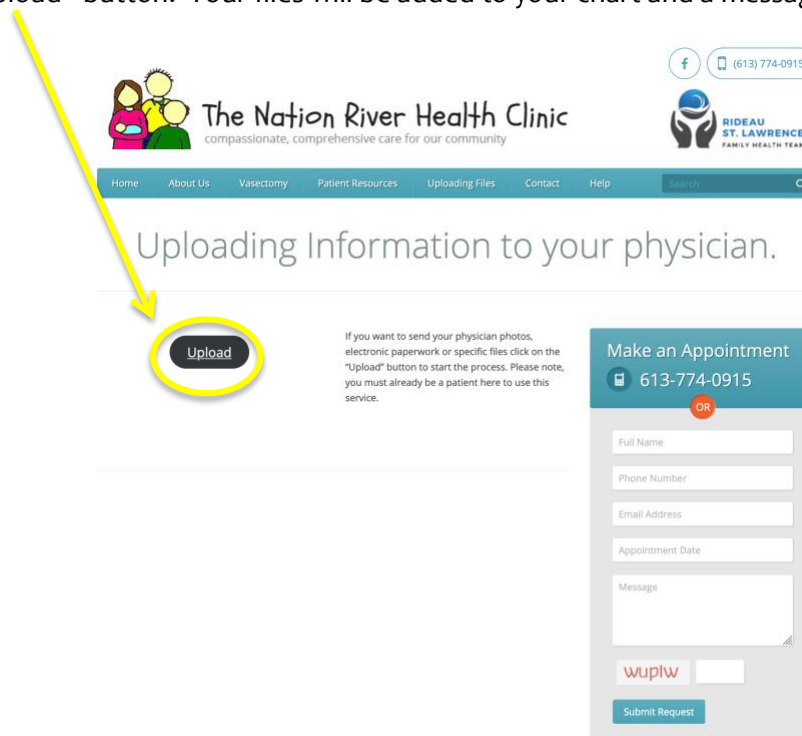


How to Upload a File to the Nation River Health Clinic

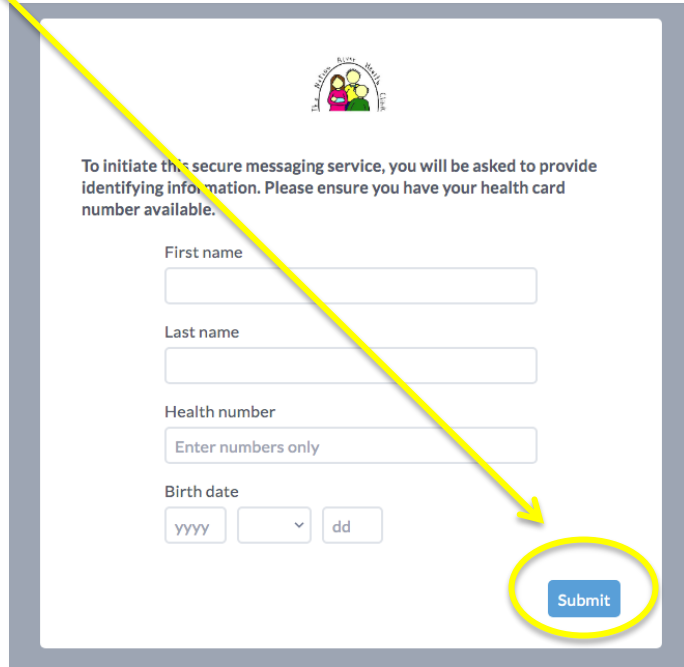
1. Open the Nation River Health Clinic website at <https://nationriverhealthclinic.com/>
2. To send photos, electronic paperwork etc. to your physician click the “Upload Files” link on the main toolbar.



3. Click the “Upload” button. Your files will be added to your chart and a message sent to your physician.

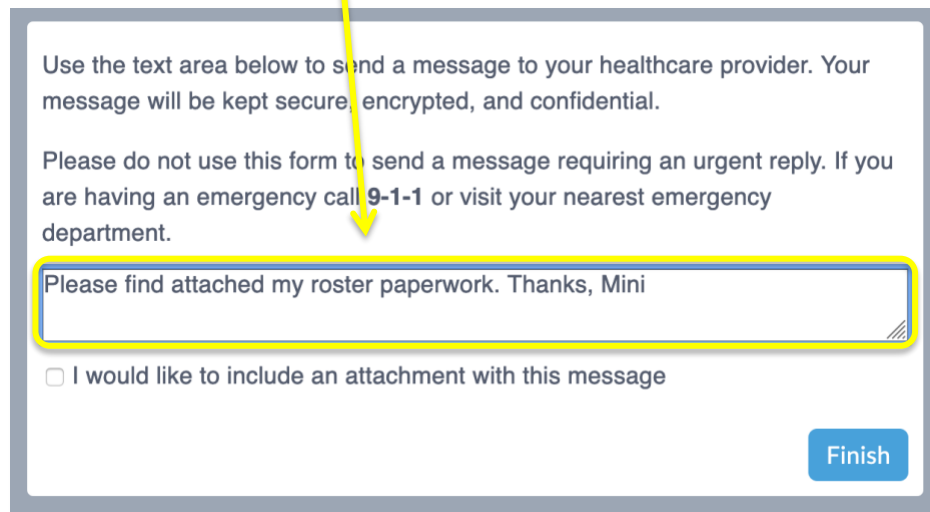


4. On the Personal Information page, enter your first and last names, your Health number, and your Birth date, and then click “Submit”.



The screenshot shows a web form titled "Personal Information" with a logo at the top center. Below the logo is a paragraph: "To initiate this secure messaging service, you will be asked to provide identifying information. Please ensure you have your health card number available." The form contains four input fields: "First name", "Last name", "Health number" (with a placeholder "Enter numbers only"), and "Birth date" (with sub-fields for "yyyy", a dropdown arrow, and "dd"). A blue "Submit" button is located at the bottom right, circled in yellow. A yellow arrow points from the top left towards the "Submit" button.

5. On the Send a Message page, use the text area to tell clinic staff what information you will be uploading.



The screenshot shows a "Send a Message" form. It starts with a paragraph: "Use the text area below to send a message to your healthcare provider. Your message will be kept secure, encrypted, and confidential." This is followed by another paragraph: "Please do not use this form to send a message requiring an urgent reply. If you are having an emergency call 9-1-1 or visit your nearest emergency department." Below this is a text area containing the message: "Please find attached my roster paperwork. Thanks, Mini". Underneath the text area is a checkbox labeled "I would like to include an attachment with this message". A blue "Finish" button is at the bottom right. A yellow arrow points from the top center towards the text area.

6. Select the checkbox next to “I would like to include an attachment with this message” and click “File”.

Use the text area below to send a message to your healthcare provider. Your message will be kept secure, encrypted, and confidential.

Please do not use this form to send a message requiring an urgent reply. If you are having an emergency call **9-1-1** or visit your nearest emergency department.

Please find attached my roster paperwork. Thanks, Mini

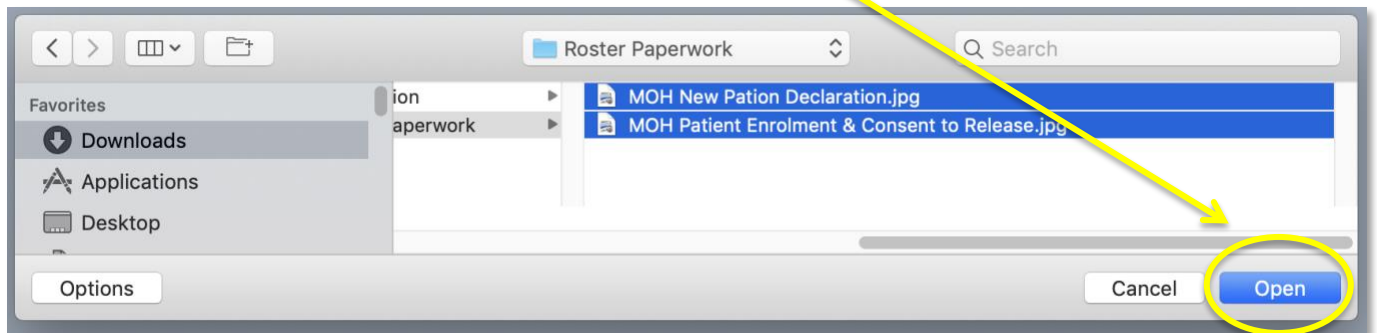
I would like to include an attachment with this message

You may include PDF documents, image files (JPG, PNG), plain text files (.txt), or standard audio-visual files, up to 10 MB in size.

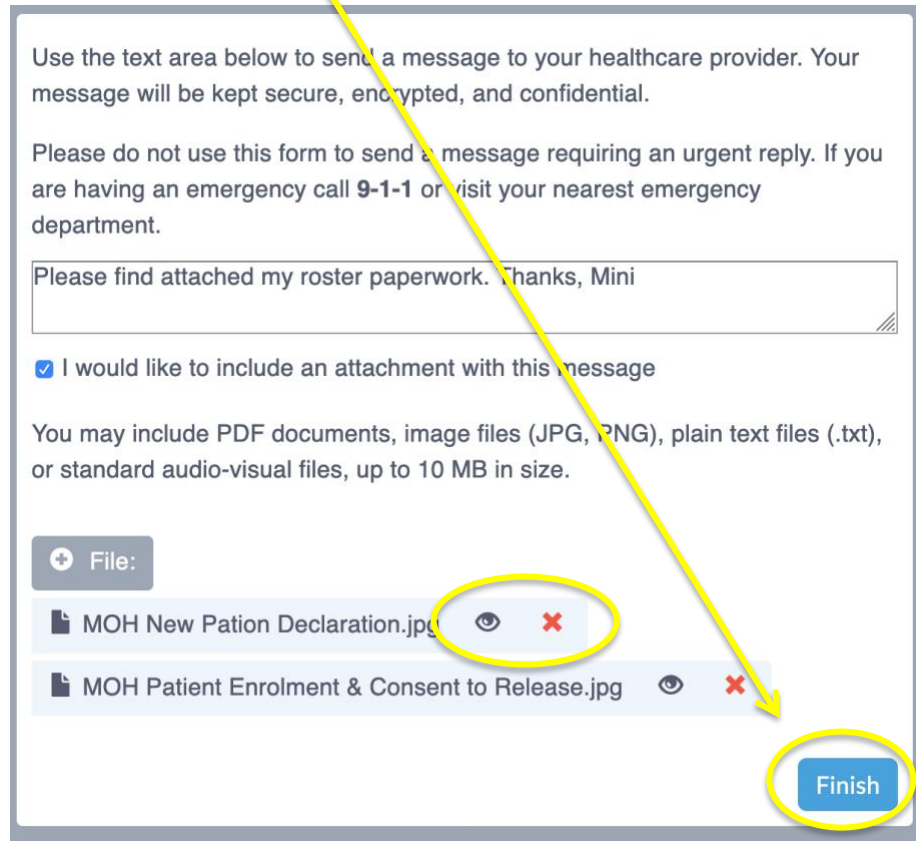
+ File:

Finish

7. Locate the files you want to upload, select them, and click “Open”.



8. The files you are uploading will appear below the “+ File” button. To preview the contents of your file before sending, click the eye image beside the file name. To remove a file from the list, click the red X. When you are ready to upload all your files, click “Finish”.



Use the text area below to send a message to your healthcare provider. Your message will be kept secure, encrypted, and confidential.





Please do not use this form to send a message requiring an urgent reply. If you are having an emergency call **9-1-1** or visit your nearest emergency department.

Please find attached my roster paperwork. Thanks, Mini

I would like to include an attachment with this message

You may include PDF documents, image files (JPG, PNG), plain text files (.txt), or standard audio-visual files, up to 10 MB in size.

+ File:

- MOH New Patien Declaration.jpg  
- MOH Patient Enrolment & Consent to Release.jpg  

Finish

Note: A yellow arrow points from the text area to the 'Finish' button. Yellow circles highlight the eye and red X icons for the first file, and the 'Finish' button.

9. When you receive the confirmation that your form has been successfully submitted, you can close your browser.

✓ Your form has been successfully submitted. You may now close this window.